

THE SPARK

FOREVER FIERCE
Revolution.



Eva Charlotte

Fierce & Fabulous: Sister in the Spotlight

Welcome, Fierce sisters! This week we're excited to feature **Forever Fierce Community** member, [Eva Charlotte](#).

Eva Charlotte Larsson Ruiz is an international keynote speaker, trainer, guide and facilitator who profoundly impacts people with her engaging presence and message. As a Peacemaker and Presence Preceptor, she functions as a catalyst for transformation; guiding groups and individuals to experience authentic love of self and life, and the happiness that comes from stripping away personal stories, beliefs, and falsehoods that shield people from their true selves.

Eva Charlotte is passionate about Peace, starting with inner peace within each of us and leading to outer peace in our families, communities, countries and globally. She collaborates with indigenous peace and wisdom keepers, as well as peace ambassadors from all walks of life, in reawakening our innate inner presence and peace. For more than 25 years she has been working worldwide with individuals, groups and corporations mentoring, speaking, holding seminars and leading journeys... but most of all holding space for transformation to occur.

Eva will be speaking at **FierceCon 2019** as a Beachside Chats Panelist.

Read on to learn about this fierce, fantastic sister, and find more about Eva on her [Website](#), [LinkedIn](#), [Instagram](#), [Facebook](#), and [Twitter](#).

Tell us about your coaching and consulting business and how you began.

For as long as I can remember I've seen the world differently than those around me, reasoned differently, reacted differently, felt, chosen and acted differently. I didn't perceive this as a good thing growing up... that came with life experience and a more conscious awakening.

I remember a time; I believe in my twenties, when a cruise ship between Sweden and Finland went down and over 600 people died. Of course, it was a national tragedy and there was an expectance to react a certain way – with fear, drama, shock and an overriding emotion of sadness. Instead, I had this image of 600 bubbles of pure love, light... and JOY... rising from the ship. There was no sadness there, no drama or fear. I knew those who had died were fine but felt deep compassion for those left behind, now lost in their own pain. Things like this would happen all the time and I didn't know how to communicate it in a way that wasn't off-putting or scary for others. Instead, I pulled back and tried to be like everyone else. It didn't go so well.

People would naturally seek me out, feeling they could trust me, knowing I would hear them. I'd run into people I hadn't seen in years, only to find out a few days or weeks later that they had passed on shortly after our meeting. I felt as if I was midwifing people into "death," a return to spirit. So in a way you can say "coaching" was always part of my path, my life... even if I had a lot of resistance to start with.

My changing point came with an intense skydiving accident when I was 30 years old. My reserve parachute broke, and I was falling to the imminent death of my physical body. In an intense moment of clarity, I saw my life and myself from the point of view of life itself. I knew beyond any doubt that I am not this body/mind; I saw how I was living my life from a place of hiding and powerlessness... and I made a vow to change that, to live fully. Everything changed after that and within a year I was working as a channel and healer.

My work as a mentor, guide, and coach has evolved over the years. As I mature, my work matures. Today I mainly focus my work on bringing my clients beyond the story of who they think they are, into the pure potential of what we all truly are. I experienced this in my skydiving accident those many years ago and have spent my life finding a way to live continuously in this place of complete acceptance, power and peace... a place of pure potential where everything is possible.

As my clients experience themselves beyond their limitations, everything changes. It's my joy and passion to support others to realize their potential.

How did you become involved with the Forever Fierce Revolution?

I'm new to this community, and at the same time, I have always been part of the Forever Fierce Revolution... living fiercely is my natural way of life. This year I was invited to speak at **FierceCon LA** and little did I know what an amazing journey that would set me on. Step by step, I'm realizing the power of Forever Fierce Revolution... the community, the sisterhood, the content. I'm very excited to be part of this, to explore, to share, and get to know you all.

What does it mean to be fierce?

Words are powerful symbols. They do not hold any meaning or power in themselves, except the meaning and power we give them. And we are powerful beyond our own comprehension...

... So, the meanings we give to the words we use have the power to make or break someone, or ourselves.

In my coaching, I talk about Life Empowerment. Most will interpret this as the individual, the persona, becoming more empowered in his or her life... and yes that is a consequence of the work. What Life Empowerment really is pointing to is that Life itself—our true essence—is becoming embodied and empowered in You and through you. The persona becomes less influential and then the authentic self can do its magic.

For me, being fierce is walking the path of awakening with a never-ending vigilance, a dedication to living in truth, love and joy. This takes courage - fierceness - a willingness to face the resistance that undoubtedly will arise... within us, as well as in the world around us. Only by fiercely facing our own fears can the veil finally lift.

Being fierce is also a character trait that I find naturally arises and evolves as we mature and awaken as humans. Partly this comes with life experience, but mainly I find it emerging powerfully as a human awakens from the story of illusion into authentic being. Fierce sovereignty radiates naturally then.

Name a woman you admire and why?

Wow, there are so many, throughout history and in modern times. Still, my choice is the faceless, nameless woman, living her everyday life almost in obscurity and yet continuing day by day with fierce integrity. She is the guiding star for the children of light coming into this world of dark chaos. She's the whispering voice guiding her tribe into inner balance and alignment. She dares to be what she is, rather than trying to conform to the expected image. She's there for her sisters and brothers on this path, without giving up herself. She knows her power and influence, with no need to have it reflected or validated. She's the fearless leader of countless beings, even if she might never be recognized as such. I stand in awe of such inspired action and life.

If you were stranded alone on a deserted island, what 3 things would you want with you and why?

Hmmm... well, what comes to mind are the very basic things needed for survival – some kind of water container, most likely my water filter bottle, some kind of fire starter kit and multipurpose tool, like a machete. There's very little we humans cannot live without, as much as we sometimes believe otherwise.

Throughout my life, I've lived both in abundance and in very simple circumstances. I've come to realize that once I meet my basic physical survival needs – water, food, shelter etc. – I'm completely capable of being fulfilled without external things or even people. My body wants to survive at all cost, my emotional being wants to feel connected, and my mind seeks intellectual understanding and inspiration. But what I really am exists beyond these human needs and truly is not dependent on or limited by them.

Most of us live “outside in”... we seek to create the right circumstances around us, so we can feel whatever we seek to feel – happy, powerful, secure, validated and on and on. Instead, we can learn to live “inside out”... to be able to generate our inner state of wellbeing from within, regardless of outer circumstances. To me that is the ultimate freedom. Here you can be in any circumstance and remain fulfilled and happy. THAT is the one most important “thing” I would bring with me if I got stranded alone somewhere.

From a more earthly perspective I'd love to bring my beloved iPhone, a solar charger and some magical way of having cell service anywhere... endless entertainment for my human mind, right there... oh, the TV shows and movies I would indulge in.

JOIN US AT FIERCECON 2019!

Imagine a weekend with a compassionate group of women that celebrate and support you for your inner beauty and heart. Imagine meeting a tribe of Sisters that share your desire to Rewire & Inspire, and to explore new friendships, ideas, and collaborations. We *are* the Tribe With the Kind Vibe and there are no mean girls allowed. Join us as we blaze a path to Mastering Modern Midlife!

Sign up with a friend and get the Bring A Sister discount and you each save \$75 off your ticket price ...

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